

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Delpont Titia

Coaches: Farroni Nadia

Coaches: Vanmeerbeek Rob HEADCOACH

Coaches: Mous Anke

Coaches: Ginkels Sam

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 14:30
Heat: 1/10 Lane : 5 Athlete: SIMONS HANNA					Q-time: 01:44:60
PB (25m pool): 01:54.14 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:44.60 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.63		01:54.14	
	00:53.63		01:00.51		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:5, starttime: 14:39
Heat: 5/10 Lane : 5 Athlete: TYAGI YASHWINI					Q-time: 01:31:52
PB (25m pool): 01:31.52 Leuven 04/10/2026 PB (50m pool): 01:35.11 SB: 01:31.52 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.84		01:31.52	
	00:43.84		00:47.68		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:6, starttime: 14:41
Heat: 6/10 Lane : 2 Athlete: DE VOCHT FLORE					Q-time: 01:30:96
PB (25m pool): 01:30.96 Leuven 04/10/2026 PB (50m pool): 01:35.71 SB: 01:30.96 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.84		01:30.96	
	00:42.84		00:48.12		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:7, starttime: 14:43
Heat: 7/10 Lane : 2 Athlete: ANTIPINA ALEXANDRA					Q-time: 01:30:16
PB (25m pool): 01:30.16 Leuven 04/10/2026					PB (50m pool): 01:34.97 SB: 01:30.16 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.71		01:30.16	
	00:42.71		00:47.45		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:9, starttime: 14:47
Heat: 9/10 Lane : 1 Athlete: SOARES ALMEIDA ANNA					Q-time: 01:25:01
PB (25m pool): 01:25.01 Leuven 04/10/2026					PB (50m pool): 01:31.70 SB: 01:25.01 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.09		01:25.01	
	00:40.09		00:44.92		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:9, starttime: 14:47
Heat: 9/10 Lane : 4 Athlete: PEERSMAN MALIN					Q-time: 01:22:43
PB (25m pool): 01:22.43 Leuven 04/10/2026					PB (50m pool): 01:25.12 SB: 01:22.43 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.99		01:22.43	
	00:38.99		00:43.44		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:10, starttime: 14:49
Heat: 10/10 Lane : 2 Athlete: ROGIERS LAYLA					Q-time: 01:21:77
PB (25m pool): 01:21.77 Leuven 04/10/2026					PB (50m pool): 01:25.07 SB: 01:21.77 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.92		01:21.77	
	00:38.92		00:42.85		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:10, starttime: 15:10
Heat: 10/10 Lane : 1 Athlete: RATIU THOMAS					Q-time: 01:22:38
PB (25m pool): 01:22.38 Leuven 04/10/2026					PB (50m pool): 01:25.22 SB: 01:22.38 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.89		01:22.38	
	00:39.89		00:42.49		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:10, starttime: 15:10
Heat: 10/10 Lane : 2 Athlete: GINKELS ROBBE					Q-time: 01:22:23
PB (25m pool): 01:22.23 Leuven 04/10/2026					PB (50m pool): 01:23.20 SB: 01:22.23 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.78		01:22.23	
	00:39.78		00:42.45		
					

Coach feedback:

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:2, starttime: 15:14
Heat: 2/5 Lane : 1 Athlete: TEIRLINCK LOUISE					Q-time: 01:23:32
PB (25m pool): 01:23.32 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:27.50 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.83		01:23.32	
	00:39.83		00:43.49		
					

Coach feedback:

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:3, starttime: 15:16
Heat: 3/5 Lane : 5 Athlete: WATELLE NONA					Q-time: 01:15:25
PB (25m pool): 01:16.81 Gent 09/11/2025					PB (50m pool): 01:15.25 SB: 01:18.86 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.55		01:16.81	
	00:35.55		00:41.26		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:5, starttime: 15:20
Heat: 5/5 Lane : 7 Athlete: THYS LENA					Q-time: 01:18:19
PB (25m pool): 01:18.19 LEUVEN 23/11/2025					PB (50m pool): 01:21.03 SB: 01:19.39 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.46		01:18.19	
	00:37.46		00:40.73		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:1, starttime: 15:22
Heat: 1/4 Lane : 2 Athlete: VRANCKX BOUDEWIJN					Q-time: 01:16:18
PB (25m pool): 01:16.18 LEUVEN 23/11/2025					PB (50m pool): 01:17.99 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.48		01:16.18	
	00:36.48		00:39.70		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:2, starttime: 15:24
Heat: 2/4 Lane : 5 Athlete: ROOMAN EGON					Q-time: 01:09:72
PB (25m pool): 01:10.75 Leuven 04/10/2026					PB (50m pool): 01:12.40 SB: 01:10.75 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.86		01:10.75	
	00:33.86		00:36.89		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 7 Athlete: BOBEV BOYAN					Q-time: 01:12:98
PB (25m pool): 01:12.98 Leuven 04/10/2026					PB (50m pool): 01:15.34 SB: 01:12.98 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.15		01:12.98	
	00:34.15		00:38.83		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:4, starttime: 15:53	
Heat: 4/6 Lane : 6 Athlete: DERAEMAECKER MATHIAS							Q-time: 02:17:39	
PB (25m pool): 02:15.24 3500 Hasselt 18/10/2026				PB (50m pool): 02:19.77 SB: 02:15.24 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.90		01:07.22		01:42.18		02:15.24
	00:31.90		00:35.32		00:34.96		00:33.06	
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:2, starttime: 16:05
Heat: 2/10 Lane : 6 Athlete: TYAGI YASHWINI				Q-time: 01:25:09	
PB (25m pool): 01:27.10 LEUVEN 21/12/2025			PB (50m pool): 01:25.09 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.72		01:27.10	
	00:42.72		00:44.38		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:4, starttime: 16:10	
Heat: 4/10 Lane : 6 Athlete: DE VOCHT FLORE					Q-time: 01:22:00	
PB (25m pool): 01:22.00 Tremelo 24/05/2026					PB (50m pool): 01:24.40 SB: 01:22.32 Leuven 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:39.49		01:22.00		
	00:39.49		00:42.51			
						

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:4, starttime: 16:10	
Heat: 4/10 Lane : 7 Athlete: SIMONS HANNA					Q-time: 01:22:05	
PB (25m pool): 01:22.05 Leuven 04/10/2026			PB (50m pool): 01:25.71 SB: 01:22.05 Leuven 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:40.63		01:22.05		
	00:40.63		00:41.42			
						

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:7, starttime: 16:17
Heat: 7/10 Lane : 1 Athlete: SOARES ALMEIDA ANNA					Q-time: 01:18:80
PB (25m pool): 01:18.80 Leuven 04/10/2026					PB (50m pool): 01:24.08 SB: 01:18.80 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.21		01:18.80	
	00:38.21		00:40.59		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:8, starttime: 16:19
Heat: 8/10 Lane : 5 Athlete: ANTIPINA ALEXANDRA					Q-time: 01:16:86
PB (25m pool): 01:16.86 Leuven 04/10/2026					PB (50m pool): 01:19.09 SB: 01:16.86 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.92		01:16.86	
	00:36.92		00:39.94		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:9, starttime: 16:21
Heat: 9/10 Lane : 4 Athlete: ROGIERS LAYLA					Q-time: 01:14:51
PB (25m pool): 01:14.51 LEUVEN 21/12/2025					PB (50m pool): 01:18.10 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.99		01:14.51	
	00:35.99		00:38.52		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:9, starttime: 16:21
Heat: 9/10 Lane : 5 Athlete: PEERSMAN MALIN					Q-time: 01:15:25
PB (25m pool): 01:15.25 Leuven 04/10/2026					PB (50m pool): 01:18.06 SB: 01:15.25 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.65		01:15.25	
	00:36.65		00:38.60		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:10, starttime: 16:47
Heat: 10/10 Lane : 6 Athlete: GINKELS ROBBE					Q-time: 01:11:66
PB (25m pool): 01:11.66 Meise 21/06/2026					PB (50m pool): 01:12.61 SB: 01:13.05 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.93		01:11.66	
	00:34.93		00:36.73		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:10, starttime: 16:47
Heat: 10/10 Lane : 7 Athlete: RATIU THOMAS					Q-time: 01:11:95
PB (25m pool): 01:11.95 Leuven 04/10/2026					PB (50m pool): 01:15.24 SB: 01:11.95 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.73		01:11.95	
	00:35.73		00:36.22		
					

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 17:19
Heat: 3/4 Lane : 7 Athlete: GINKELS FEBE					Q-time: 00:31:99
PB (25m pool): 00:31.99 Leuven 04/10/2026					PB (50m pool): 00:32.81 SB: 00:31.99 Leuven 04/10/2026
	2 5 M	5 0 M			
PB		00:31.99			
	00:31.99				
					

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14					Heat:3, starttime: 17:24
Heat: 3/3 Lane : 4 Athlete: RATIU MATHEO					Q-time: 00:27:80
PB (25m pool): 00:27.80 SAINT-DIZIER 11/10/2026					PB (50m pool): 00:29.57 SB: 00:27.80 SAINT-DIZIER 11/10/2026
	2 5 M	5 0 M			
PB		00:27.80			
	00:27.80				
					

Coach feedback: